

創作性戲劇活動提昇學童同儕
人際關係研究

A Study of Peer Interpersonal Relationships Improvement

**Among Elementary School Pupils
Based on Creative Drama Activities**

*羅綸新 Laurence L. S. Lwo

**簡良哲 Liang-Che Chien

*國立台灣海洋大學教育研究所 教授

*Professor / Institute of Education

National Taiwan Ocean University

**台北市立內湖國小 教師

**Teacher / Taipei Nei Hu Elementary School

摘要

戲劇的本質功能在運用戲劇的元素來開發人類與生俱來的表演能力，藉由角色扮演來獲得對人的了解。本研究旨在透過創作性戲劇活動提昇學童的同儕人際關係，研究對象為台北市國小四年級學童 25 人，分析一學期創作性戲劇活動實施的歷程與結果，歸納學童同儕人際關係的表現。本研究之主要發現如下：1.實施創作性戲劇活動能顯著提昇學童的人際關係，包括學童之「社會地位」、「喜愛同學」與「被同學喜愛」均有顯著影響。2.實施創作性戲劇活動能改善學童人際溝通能力。學童更能有自信的展現自我，因此，學童的社交互動能力明顯改善。但是，學童的同理反應力不容易在短期內表現在實際生活中。3.實施創作性戲劇活動對班級經營方面有正面影響。可以激發學童的潛能，促進教師對學童的瞭解並且凝聚班級的情誼。

關鍵詞：同儕人際關係、社會地位、創作性戲劇活動

Abstract

The essential functions of drama are to develop human's role playing ability and to make people understand each other. The purpose of this study was to improve the peer relationships among elementary school pupils based on creative drama activities. The research was conducted to observe the activities process and outcomes on 25 4th grade elementary school pupils in Taipei. The main findings of this research are stated as follows: 1. The pupils' interpersonal relationship after the creative drama activities has been improved. 2. The improvement of pupil's interpersonal communication competence based on the creative drama activities was observed. However, it seemed to need longer time for pupils' empathy to cultivate and accumulate. 3. The class management through creative drama activities was found to have improved.

Keywords: creative drama activities, peer interpersonal relationships, social status